

Class XII
Dietetics II (DTC2)
Semester III

Detail Theory syllabus

SEME STER	Sl. No.	Topics	No. of Periods	Marks
III	1.	1. Preparation of simple therapeutic diets		22
		Principle & objectives of therapeutic diets	4	2
		Classification of therapeutic diets	8	6
		Routine Hospital Diets	6	2
		Liquid Diet : Clear, liquid & Full liquid diet	6	4
		Soft diet	6	2
		Special Feeding Methods :		
		Intravenous Feeding	6	3
Tube Feeding	6	3		
	2	Preparation of diet chart & menu planning	18	8

Class XII
Semester IV

SEME STER	Sl. No.	Topics	No. of Periods	Marks
IV	3.	Dietetic management & menuplanning of different diseases with mentioning - definition, causes, symptoms, classification, prevention and control:		36
		Diabetes	10	
		Heart disease	10	
		G.I. Tract diseases -		
		Gastritis	10	
		Peptic ulcer	10	
		Diarrhoea	6	
		Constipation	6	
		Jaundice	8	
		Fever	8	
		Tuberculosis	8	
Gout	4			
	4.	Importance of dietetics and role of a dietitian in the society	4	4
		TOTAL PERIODS(SEM III +SEMIV)	60+84=144	
		TOTAL THEORY MARKS(SEM III+SEM IV)	30+40=70	

Practical:

Dietetics II Lab

Sl No.	Topic	No. of Periods	Marks
1.	Technique for determining the nutritive value	12	4
2.	Preparation of Clear liquid, Full Fluid & Soft diet	20	6
3.	Preparation of diet for heart disease including hypertension	10	6
4.	Diet for gastritis, peptic ulcer, diarrhoea and constipation	20	10
5.	Diet for fever and tuberculosis	10	4
	Total	72	30

Question Pattern Theory

SEMESTER III	SEMESTER IV			TOTAL
MCQ(1 mark)	SHORT ANSWER QUESTIONS I (2 marks)	SHORT ANSWER QUESTIONS II (3 marks) (To be answered total five questions out of seven questions)	LONG ANSWER QUESTIONS (5marks) (To be answered total three questions out of five questions)	(SEM III-30 SEM IV-40)
30	10	15	15	70

➤ SEMESTER III: for MCQ (Question nos. 1 to 30)

SEMESTER IV Question Paper will have 3 sections.

Group A – SA I (2 marks)

Group B – SA II (3 marks)

Group C – LA (5 marks)

- There should be fractions in marks distribution for SA II and LA only

- For SA II, marks may be divided into 2+1.
- For LA, marks may be divided into 3+2 or 4+1 or 2+2+1.