

Syllabus for Hand and foot Wellness Technician

Course Name	Hand and foot Wellness Technician
Sector	Beauty & Wellness
Course Code	B&W/2023/HFWT/222
Level	3
Occupation	Pedicurist, Manicurist, Beauty Therapist With optional module :Nail Artist, Nail Technician, Esthetician
Job Description	The role of a Hand and foot Wellness Technician encompasses preparing the self, clients, and the workspace, promoting services and products, practicing impeccable hygiene, recognizing nail and skin disorders, and delivering manicure and pedicure treatments. The ideal candidate possesses in-depth knowledge of nail and skin conditions, and combines exceptional customer service with artistic nail care skills.
Course Duration	Total Duration Min 390 Hrs, Max 450 Hrs (T- min 90 hrs, Max 120 hrs , P-min 180 max 210 hrs , OJT-60 and ES-60)
Trainees' Entry Qualification	Grade 10 OR Grade 8 with two year of (NTC/ NAC) after 8 th OR Grade 8 pass and pursuing continuous schooling in regular school with vocational subject OR 8th grade pass with 2 yrs relevant experience OR Previous relevant Qualification of NSQF Level 2 with one yr experience OR Previous relevant Qualification of NSQF Level 2.5 with 6 months experience
Trainers Qualification	1.Educational Qualification: - Graduation in any field 2.Technical Qualification: - ➤ Diploma in the Beauty Culture / Cosmetology/ Make up approved by AICTE with 2(two) years working experience in relevant field. OR ➤ NTC/NAC passed in Hair & Skin Care /Basic Cosmetology trade with 3(three) years working experience in relevant field.

Structure of Course:

Module No.	Module name	Outcome	Compulsory / Optional / Elective	Theory (Hrs)	Practical (Hrs)	Total (Hrs)
1.	Create safe and friendly work area	Prepare self, client and work area for treatment maintaining health and safety at the workplace	Compulsory	10	20	30
2.	Marketing and sales in Beauty Industry	Promote and sell products and services to clients	Compulsory	10	20	30

SYLLABUS

3.	Hygiene and Sanitation in Nail and Beauty Services	Practice hygiene and sanitation principles, including personal hygiene, tool disinfection, and nail implement sterilization	Compulsory	10	20	30
4.	Assessment, and Recognition of Nail and Foot Conditions	Recognition of nail and skin disorders for safe and informed nail care practices	Compulsory	20	40	60
5.	Manicure and Nail Care	Perform the art of manicure, from basic to specialized treatments, along with customized nail care services	Compulsory	20	40	60
6.	Pedicure Techniques and Foot Care	Perform pedicure techniques, from therapeutic foot massage to specialized treatments, along with personalized foot and nail care services	Compulsory	20	40	60
7	OJT	Work in real job situation with special emphasis on basic safety and hazards in this domain	Compulsory		60	60
8	Employability Skill		Compulsory	60	--	60
9	Nail Art, Acrylics, and Gel Extensions	Perform nail art, acrylics, and gel nail extension techniques for creative and safe nail services	Optional	30	30	60
TOTAL:				Min 150 Max 180	Min 240 Max 270	Min 390 Max 450

Different Combination in which course may be offered

Course Name	Course Code	Course Duration	Full Marks
Hand and foot Wellness Technician	B&W/2023/HFWT/222	390 Hours	1000
Hand and foot Wellness Technician [Nail Art, Acrylics, and Gel Extensions]	B&W/2023/HFWT/222 [with Optional B&W/0604/OC7]	450 Hours	1100

SYLLABUS:**Module No. 1: Create safe and friendly work area**

(Prepare self, client and work area for treatment maintaining health and safety at the workplace)

Learning Outcomes

- 1 Prepare self and work area
- .2 Prepare tools, equipment and products
- 3 Consult with client

Theory Content:

1. **Prepare Yourself, the Client, and Work Area for Manicure Treatment:**
 - Understanding the importance of personal hygiene and grooming
 - Assessing the client's needs and preferences
 - Preparing and sanitizing your work area
 - Gathering and arranging tools and products
2. **Communicate and Behave in a Professional Manner:**
 - Effective communication techniques with clients
 - Maintaining a friendly and respectful demeanour
 - Active listening skills
 - Handling client inquiries and requests professionally
3. **Follow Health and Safety Working Practices:**
 - Identifying potential hazards in the workplace
 - Proper handwashing techniques
 - Using personal protective equipment (PPE)
 - Implementing safe working practices to prevent accidents and injuries
4. **Prepare the Client for Manicure and pedicure Treatments:**
 - Explaining the manicure and pedicure process to the client
 - Obtaining client consent and addressing any concerns
 - Assisting the client in preparing for the treatment
 - Maintaining client comfort and privacy
5. **Describe How to Select Products, Tools, and Equipment to Suit Client Treatment Needs, Skin, and Nail Conditions:**
 - Understanding different nail types and conditions
 - Identifying suitable nail products and treatments
 - Selecting appropriate tools and equipment for specific manicure / pedicure procedures
 - Considering client preferences and contraindications when choosing products

Practical Content:

1. **Describe the Contents and How to Use Items in the First Aid Kit:**
 - Familiarizing yourself with the contents of a standard first aid kit
 - Demonstrating how to use basic first aid items such as bandages, antiseptics, and gloves
 - Practicing basic first aid procedures for common injuries in a salon setting

2. Describe How to Report Accidents and Incidents:

- Understanding the importance of reporting accidents and incidents promptly
- Identifying different types of accidents and incidents in a salon
- Following the salon's protocol for reporting accidents and incidents
- Documenting details accurately for records and insurance purposes

3. Equipment and Workspace Setup

- Demonstrating proper placement and organization of equipment, chemicals, products, and tools to meet legal, hygiene, and safety requirements.
- Identifying designated areas for each item in the work area.

4. Cleaning and Sterilization Procedures

- Hands-on demonstration of cleaning and sterilizing tools and equipment before use.
- Following industry-standard sterilization protocols to ensure hygiene and client safety.

5. Maintaining Posture and Position

- Practicing correct posture and positioning techniques to minimize fatigue and reduce the risk of injury.
- Understanding ergonomic principles for a safe and comfortable work environment

Tools & Equipment needed:

- Nail Table
- Beauty Trolley
- Manicure Table
- Pedicure Stations
- First Aid Kit
- Fire Extinguishers
- Sterilizers
- Record Book
- Bowls
- Bed
- Chair
- Cotton

Module No. 2: Marketing and sales in Beauty Industry

(Promote and sell products and services to clients)

Learning Outcomes

1. Promote and sell beauty products Selling opportunities
2. Differentiate between market and the concept of the marketing
3. Recognize the promotional methods suitable for product and service
4. Recognize the methods used to attract and retain customers.

Theory Content:

1. Promoting services and products to the client - benefits to the salon
2. Importance of product and service knowledge
3. Communication techniques used to promote products and services
4. Differences between the terms 'features' and 'benefits'
5. Managing client expectations Vs. interpreting buying signals
6. Evaluate the effectiveness of advertising services and products to a target audience
7. Importance of setting sales target/objectives
8. Write memos and e-mail to customers, co-workers, and vendors to provide them with work updates.

Practical Content:

1. Role play to market promotional material.
2. Demonstrate establish client's requirements
3. Identify products and services to meet the requirements of the client
4. Identify business development service providers, the services they provide and those whom permissions are necessary to enable small business to operate
5. Give accurate and relevant information to ensure realistic client expectations
6. Identify the need for packaging a product.
7. Recognize the promotional methods
8. Record the client and treatment details accurately Identify the reasons of recording stock
9. Provide after care advice.
10. Study simple profit and loss statement, balance sheet and cash flow budget.

Tools & Equipment needed:

- Computer with Printer and Internet facility
- Paper
- Pencil
- Eraser
- Sharpener
- Pen
- Notebook

Module No. 3: Hygiene and Sanitation in Nail and Beauty Services

(Practice hygiene and sanitation principles, including personal hygiene, tool disinfection, and nail implement sterilization)

Learning Outcomes

1. Defines the concepts of hygiene and sanitation.
- 2 Explains Personal Hygiene practices.
- 3 How to Disinfect Nail & Beauty Tools
4. How to Sterilize your Nail Implements:

Theory Content:

1. **Defines the Concepts of Hygiene and Sanitation:**
 - Introduction to hygiene and sanitation in the context of nail and beauty services.
 - Differentiating between hygiene and sanitation principles.
 - Understanding the importance of maintaining clean and sanitary practices in the salon.
2. **Explains Personal Hygiene Practices:**
 - Detailed explanation of personal hygiene practices for nail and beauty technicians.
 - Emphasizing the role of personal cleanliness in preventing the spread of infections.
 - Guidelines for maintaining appropriate attire and grooming standards.
3. **How to Disinfect Nail & Beauty Tools:**
 - Introduction to the concept of tool disinfection.
 - Identifying commonly used nail and beauty tools.
 - Demonstrating the proper procedure for disinfecting tools.
 - Discussing suitable disinfectants and their usage.
4. **How to Sterilize Your Nail Implements:**
 - Differentiating between disinfection and sterilization.
 - Explaining the importance of sterilizing specific nail implements.
 - Step-by-step instructions on how to sterilize nail implements using appropriate equipment.
 - Safety precautions during the sterilization process.

Practical Content:

1. **Demonstrate Process and Products to Sterilize and Disinfect Equipment/Tools:**
 - Hands-on demonstration of the correct procedure for disinfecting nail and beauty tools.
 - Utilizing recommended disinfectants and equipment.
 - Emphasizing the proper handling and storage of disinfected tools.
 - Ensuring compliance with safety protocols during the disinfection process

Tools & Equipment needed:

Nail Table

- Beauty Trolley
- Manicure Table
- Pedicure Stations
- First Aid Kit
- Fire Extinguishers
- Sterilizers
- Record Book
- Bowl

Module No. 4: Assessment, and Recognition of Nail and Foot Conditions

(Recognition of nail and skin disorders for safe and informed nail care practices)

Learning Outcomes:

1. The Structure of Nail
2. Overview of Nail Disorders
3. Causes of nail disorders

Theory Content:

1. **Describe the Structure of the Hand and Foot:**
 - Anatomical overview of the hand and foot, including bones, muscles, and skin.
 - Understanding the structure's relevance to nail and foot care.
2. **Establish Client's Requirements Taking into Account Critical Factors:**
 - Techniques for effective client consultation and needs assessment.
 - Identifying critical factors such as allergies, sensitivities, and preferences.
3. **Identify Disorders of the Skin and Describe Common Nail Disorders and Diseases:**
 - Recognizing common skin disorders relevant to hand and foot care.
 - Detailed examination of nail disorders and diseases.
 - Differentiating between various skin and nail conditions.
4. **Identify Conditions That Require Special Attention:**
 - Understanding when specific conditions like fungal infections or ingrown nails need special care.
 - Developing a protocol for managing such conditions safely and effectively.
5. **Identify Conditions That Require Medical Referral and a Doctor's Approval for Manicure Treatment:**
 - Learning to recognize conditions that should be referred to a medical professional.
 - Understanding the importance of obtaining a doctor's approval before providing manicure treatment in certain cases.

Practical Content:

1. **Demonstrate How to Identify Nail Disorders Due to Environmental, Professional, and Cosmetic Causes and Auto-Induced Nail:**
 - Hands-on practice in recognizing nail disorders related to environmental factors.
 - Identifying nail issues that may arise due to professional activities or cosmetic products.
 - Understanding how auto-induced nail disorders can occur and addressing them.

Tools & Equipment needed:

- Nail Table
- Beauty Trolley
- Manicure Table
- Pedicure Stations
- First Aid Kit

- Fire Extinguishers
- Sterilizers
- Record Book
- Bowls

Module No. 5: Manicure and Nail Care

(Perform the art of manicure, from basic to specialized treatments, along with customized nail care services)

Learning Outcomes

1. Explain the use of manicuring tools
2. Describe products and their use in manicure
3. carry out a basic manicure with massage
- 4 repair a damaged nail

Theory Content:

1. **Manicure - The Treatment:**
 - Introduction to the concept and objectives of a manicure treatment.
 - Understanding the importance of hand and nail care.
2. **Applying Different Types of Manicure Treatment:**
 - Exploration of various manicure techniques and styles.
 - Customizing manicure treatments to meet client preferences and needs.
3. **Procedure for Paraffin Treatment:**
 - Detailed steps for performing a paraffin wax treatment on hands.
 - Safety precautions and considerations during paraffin treatment.
4. **Identify the Benefits and Infection Control Practices of Paraffin Wax Treatments for Clients:**
 - Discussing the advantages of paraffin wax treatments for skin and nails.
 - Emphasizing infection control measures when using paraffin wax.
5. **Describe the Equipment and Materials Needed to Perform Nail Service:**
 - Identifying the essential tools and products required for nail services.
 - Proper maintenance and sanitation of equipment and materials.
6. **Manicure Treatment:**
 - a. **Procedure for a Plain Manicure:**
 - Step-by-step instructions for a basic manicure.
 - b. **Procedure for Polish Application:**
 - Techniques for applying nail polish flawlessly.
 - c. **Correct Application for Different Nail Shapes:**
 - Understanding how to shape and enhance nails based on client preferences.
 - d. **Application for French Manicure:**
 - Techniques for achieving the classic French manicure look.

7. Special Treatments:**a. Hot Oil Manicure:**

- Demonstrating the steps involved in a hot oil manicure.

b. Manicure for Men:

- Understanding the specific needs and preferences of male clients.

8. Procedure for Nail Repair and Removing Nail Wraps:

- Techniques for repairing damaged nails and removing nail wraps effectively.

Practical Content:**1. Demonstrate Types of Manicure:**

- Hands-on practice in performing different types of manicure treatments, including paraffin treatment, French manicure, spa manicure, hot oil manicure, and Brazilian manicure.

2. Demonstrate Nail Tips Application and the Removal Process of Nail Wraps:

- Practical demonstration of applying nail tips and the proper removal process for nail wraps, ensuring proficiency in nail enhancement techniques

Tools & Equipment needed:

- Manicure Stool
- Sterilizer
- Bowls
- Manicure Brush
- Nail Cutter
- Cuticle Pusher
- Cuticle Nipper
- Orange Stick
- Nail Filer
- Pack Brush
- Block Buffers
- Tip Cutters

Module No. 6 Pedicure Techniques and Foot Care

(Perform pedicure techniques, from therapeutic foot massage to specialized treatments, along with personalized foot and nail care services)

Learning Outcomes

1. carry out a basic pedicure
2. carry out massage of lower leg and foot
- 3 carryout a paraffin wax treatment

Theory Content:

1. **Pedicure - The Treatment:**
 - Introduction to pedicure treatments and their objectives.
 - Understanding the importance of foot and nail care.
2. **Massage of Lower Leg and Foot:**
 - Techniques for providing effective lower leg and foot massages during pedicures.
 - Recognizing the benefits of massage for relaxation and circulation.
3. **Applying Different Types of Pedicure Treatment:**
 - Exploration of various pedicure techniques and styles.
 - Customizing pedicure treatments to meet client preferences and needs.
4. **Procedure for Paraffin Treatment:**
 - Detailed steps for performing a paraffin wax treatment on feet.
 - Safety precautions and considerations during paraffin treatment.
5. **Identify the Benefits and Infection Control Practices of Paraffin Wax Treatments for Clients:**
 - Discussing the advantages of paraffin wax treatments for skin and nails.
 - Emphasizing infection control measures when using paraffin wax.

Practical Content:

1. **Demonstrate Correct Application for Different Nail Shapes:**
 - Hands-on practice in shaping and enhancing nails based on different client preferences and nail shapes.
2. **Demonstrate Massage of Lower Leg and Foot:**
 - Practical demonstration of providing effective lower leg and foot massages during pedicures.
3. **Demonstrate Basic Pedicure Treatment:**
 - Hands-on experience in performing a basic pedicure treatment, including nail grooming and foot care.
4. **Demonstrate Correct Procedure for Varnish Application (Base Coat, Varnish, Top Coat):**
 - Practical demonstration of the proper steps for applying nail varnish, including base coat and top coat, to achieve a polished finish

Tools & Equipment needed:

Pedicure Chair

- Pedicure
- Stool
- Sterilizer
- Bowls
- Foot Scraper
- Emery Board
- Pumice Stone
- Nail Cutter
- Cuticle Pusher

- Cuticle Nipper
- Orange Stick

Module No. 7: Nail Art, Acrylics, and Gel Extensions

(Perform nail art, acrylics, and gel nail extension techniques for creative and safe nail services)

Learning Outcomes

- 1 List the services that are included in scope of practice for nail art techniques
2. List the products required for Nail art
- 3 Create nail design
- 3.Essential Chemistry of Artificial nails
- 4 Procedure of Nail Extension

Theory Content:

1. **Identifying Why a client is Having Nail Art:**

- a. Preparing the service area for nail art.
- b. Listing the tools and materials used in nail art.

2. **Describe the Products Needed to Perform Nail Art Service:**

Understanding the various products required for nail art, including nail polishes, gems, foils, striping tape, and more.

3. **Apply Nail Designs:**

- a. Techniques for applying nail designs creatively.
- b. Layered nail polish designs and their procedures.
- c. Procedures for layered polish designs.
- d. Nail tape application techniques.
- e. Creating foil art designs.

4. **The Chemistry of the Acrylic System:**

- acrylics, polymerization, and monomers.
- The role of temperature in polymerization.
- Procedures for safe artificial nail removal.

5. **Nail Extensions:**

- a. Application and removal procedures for gel nail extensions.
- b. Application and removal procedures for acrylic nail extensions.

Practical Content:

1. **Demonstrate Nail Art Techniques:**

- Hands-on practice in creating nail art designs using gems, foiling, striping tape, gold leafing, and freehand painting with an airbrush.

2. **Demonstrate Different Types of Acrylic Nails Application & Removal:**

- Practical demonstrations of acrylic nail application techniques.
- Hands-on experience in safely removing acrylic nails.

3. **Demonstrate Gel Nails Application & Removal:**

- Practical demonstrations of gel nail application techniques.
- Hands-on experience in safely removing gel nails.

Tools & Equipment needed:

- Laptop
- Projector

Module No. 8: OJT

Learning Outcomes: Work in real job situation with special emphasis on basic safety and hazards in this domain

Practical Content:

Assessor will check report prepared for this component of Practical training of the course and assess whether competency has been developed to work in the real job situation with special emphasis on basic safety and hazards in this domain. (The trainee is expected to undertake work in actual workplace under any supervisor / contractor for **60 Hours.**)

Module No. 9: Employability Skills (60 Hrs)

Introduction to Employability Skills

After completing this programme, participants will be able to:

1. Discuss the Employability Skills required for jobs in various industries
2. List different learning and employability related GOI and private portals and their usage

Constitutional values - Citizenship

3. Explain the constitutional values, including civic rights and duties, citizenship, responsibility towards society and personal values and ethics such as honesty, integrity, caring and respecting others that are required to become a responsible citizen
4. Show how to practice different environmentally sustainable practices.

Becoming a Professional in the 21st Century

5. Discuss importance of relevant 21st century skills.
6. Exhibit 21st century skills like Self-Awareness, Behavior Skills, time management, critical and adaptive thinking, problem-solving, creative thinking, social and cultural awareness, emotional awareness, learning to learn etc. in personal or professional life.
7. Describe the benefits of continuous learning.

Basic English Skills

8. Show how to use basic English sentences for everyday conversation in different contexts, in person and over the telephone
9. Read and interpret text written in basic English
10. Write a short note/paragraph / letter/e -mail using basic English

Career Development & Goal Setting

11. Create a career development plan with well-defined short- and long-term goals

Communication Skills

12. Demonstrate how to communicate effectively using verbal and nonverbal communication etiquette.
13. Explain the importance of active listening for effective communication
14. Discuss the significance of working collaboratively with others in a team

Diversity & Inclusion

15. Demonstrate how to behave, communicate, and conduct oneself appropriately with all genders and PwD
16. Discuss the significance of escalating sexual harassment issues as per POSH act.

Financial and Legal Literacy

17. Outline the importance of selecting the right financial institution, product, and service
18. Demonstrate how to carry out offline and online financial transactions, safely and securely
19. List the common components of salary and compute income, expenditure, taxes, investments etc.
20. Discuss the legal rights, laws, and aids

Essential Digital Skills

21. Describe the role of digital technology in today's life
22. Demonstrate how to operate digital devices and use the associated applications and features, safely and securely
23. Discuss the significance of displaying responsible online behavior while browsing, using various social media platforms, e-mails, etc., safely and securely
24. Create sample word documents, excel sheets and presentations using basic features
25. utilize virtual collaboration tools to work effectively

Entrepreneurship

26. Explain the types of entrepreneurship and enterprises
27. Discuss how to identify opportunities for potential business, sources of funding and associated financial

and legal risks with its mitigation plan

28. Describe the 4Ps of Marketing-Product, Price, Place and Promotion and apply them as per requirement
29. Create a sample business plan, for the selected business opportunity

Customer Service

30. Describe the significance of analyzing different types and needs of customers
31. Explain the significance of identifying customer needs and responding to them in a professional manner.
32. Discuss the significance of maintaining hygiene and dressing appropriately

Getting Ready for apprenticeship & Jobs

33. Create a professional Curriculum Vitae (CV)
34. Use various offline and online job search sources such as employment exchanges, recruitment agencies, and job portals respectively
35. Discuss the significance of maintaining hygiene and confidence during an interview
36. Perform a mock interview
37. List the steps for searching and registering for apprenticeship opportunities

Learning Outcome – Assessment Criteria

Module No.	Outcome	Assessment Criteria
1	Prepare self, client and work area for treatment maintaining health and safety at the workplace	<p>After completion of this module students will be able to:</p> <p>1.1 prepare themselves, client and work area for manicure and pedicure treatment</p> <p>1.2 explain the importance of preparation and pretreatment activities for manicure& pedicure treatments</p> <p>1.3 Use of different types of communication techniques.</p> <p>1.4 use products, tools, equipment and techniques to suit the client's treatment needs, nail condition</p> <p>1.5 identifying hazards and evaluating risks at a workplace</p>
2	Promote and sell products and services to clients	<p>After completion of this module students will be able to:</p> <p>2.1 use effective selling and communication techniques to close sales of different products and/or services</p> <p>2.2 compare the suitability of products and/or services for clients</p> <p>2.3 compare the suitability of different selling techniques for different clients</p> <p>2.4 explain how to improve own selling techniques.</p> <p>2.5 evaluate the effectiveness of advertising services and</p>

Module No.	Outcome	Assessment Criteria
		products to a target audience
3	Practice hygiene and sanitation principles, including personal hygiene, tool disinfection, and nail implement sterilization	<p>After completion of this module students will be able to:</p> <p>3.1. Explain 3 levels of decontamination to prevent cross infection.</p> <p>3.2 Display positive body language.</p> <p>3.3 describe what you should do to ensure personal hygiene</p> <p>3.4 Display appropriate sterilizer and disinfection for tools and place the sterilized and disinfectant tools on a disinfected tray as per standard operating process</p> <p>3.5 Identify Personal Productive Equipment (PPE) and use the same as per related working environment</p>
4	Recognition of nail and skin disorders for safe and informed nail care practices	<p>After completion of this module students will be able to:</p> <p>4.1 describe the structure and function of the bones of the lower arm and hand</p> <p>4.2 position themselves and client correctly throughout the treatment</p> <p>4.3 describe the different massage techniques and their benefits</p> <p>4.4 Apply suitable base coat /nail polish & top coat relevant to the clients need.</p> <p>4.5 Provide specific after process advice to the client</p>
5	Perform the art of manicure, from basic to specialized treatments, along with customized nail care services	<p>After completion of this module students will be able to:</p> <p>5.1 Describe how to give effective advice and recommendations to clients</p> <p>5.2 Describe the importance of completing treatment records</p> <p>5.3 Evaluate how manicure treatments create the desired effects on the client's skin,</p> <p>5.4 Describe the different types of techniques used within manicure and how to carry them out</p> <p>5.5 Describe the correct method(s) of applying different nail finishes</p> <p>5.6 complete the treatment to the satisfaction of the client and provide suitable aftercare</p>

Module No.	Outcome	Assessment Criteria
6	Perform pedicure techniques, from therapeutic foot massage to specialized treatments, along with personalized foot and nail care services	<p>After completion of this module students will be able to:</p> <p>6.1 Prepare for a basic pedicure treatment</p> <p>6.2 Find out a visual study of the feet and nails to identify factors that will influence the treatment</p> <p>6.3 Select and use products, techniques and equipment taking into account identified factor</p> <p>6.4 State possible contra-actions and how to respond</p> <p>6.5 Follow safe and hygienic working practices</p>
7	Perform nail art, acrylics, and gel nail extension techniques for creative and safe nail services	<p>After completion of this module students will be able to:</p> <p>7.1 Prepare the service area for nail art, ensuring it meets cleanliness and safety standards.</p> <p>7.2 Demonstrate range of products used in nail art, including nail polishes, gems, foils, striping tape, and other materials, and their suitability for different designs and styles.</p> <p>7.3 Do the design as innovative (new and original)</p> <p>7.4 Apply nail designs using creative techniques, showcasing precision and artistic skill.</p> <p>7.5 Execute layered nail polish designs and the associated procedures, displaying a seamless and polished finish.</p> <p>7.6 Create foil art designs, showcasing creativity and finesse</p> <p>7.7 Explain acrylics, polymerization, and monomers, including their roles and interactions.</p> <p>7.8 Perform artificial nail removal procedures, minimizing discomfort to the client and preserving the natural nail</p> <p>7.9 Apply acrylic nail extensions, achieving a durable and appealing outcome.</p> <p>7.10 Remove gel nail extensions, preserving the natural nails and ensuring client comfort.</p>
8	OJT	Assessor will check report prepared for this component of Practical training of the course and assess whether competency has been developed to work in the real job situation with special emphasis on basic safety and hazards in this domain. (The trainee is expected to undertake work in actual workplace under any supervisor / contractor for 60 Hours.)
9	Employability Skill	As per guided curriculum

List of Tools, Equipment & materials needed for 30 Trainees (Practical)

Sl No	Items Name	Specification	Qty
1	Manicure kit		15 Nos
2	Pedicure kit		15 Nos
3	Nail art brush kit		15 Nos
4	Apron		30 Nos
5	Towel		30 Nos
6	Brush kit		15 Nos
7	Pedicure foot spa		10 Nos
8	Manicure chair		15 Nos
9	Manicure table with lamp		10 Nos
10	Pedicure stool		15 Nos
11	Trolley		10 Nos
12	Dry sanitizer		5 Nos
13	Nail drilling machine with bits		15 Nos
14	UV lamp Nail Dryer		5 Nos
15	Dry Sterilizer		5Nos

Marks Distribution

Outcome	Outcome Code	Type	Total Th Marks	Total Pr Marks	Total OJT Marks
Prepare self, client and work area for treatment maintaining health and safety at the workplace	B&W/0604/OC1	Compulsory	10	90	0
Promote and sell products and services to clients	B&W/0604/OC2	Compulsory	10	90	0
Practice hygiene and sanitation principles, including personal hygiene, tool disinfection, and nail implement sterilization	B&W/0604/OC3	Compulsory	10	90	0
Recognition of nail and skin disorders for safe and informed nail care practices	B&W/0604/OC4	Compulsory	40	120	0
Perform the art of manicure, from basic to specialized treatments, along with customized nail care services	B&W/0604/OC5	Compulsory	40	130	0
Perform pedicure techniques, from therapeutic foot massage to specialized treatments, along with personalized foot and nail care services	B&W/0604/OC6	Compulsory	40	130	0
Work in real job situation with special emphasis on basic safety and hazards in this domain (OJT).	B&W/0604/OC8	Compulsory	0	0	150
Employability Skill-60 Hrs	DGT/VSQ/N0102	Compulsory	50	0	0
Perform nail art, acrylics, and gel nail extension techniques for creative and safe nail services	B&W/0604/OC7	Optional	20	80	0
Full Marks:					
Minimum 1000 (Th 200, Prac. 800) without Optional					
Maximum marks 1100 ((Th 220, Prac. 880) with Optional					

